

# NSAA MEETING MINUTES – APRIL 11, 2016

## **Board Members:**

David Schwartz, ~~Sharon Ledesma~~, Shannon DeHaas, Michelle Lambright, Mike Sager

**Staff:** Dan Conti, AD; Melissa Andersen, Principal

**Members:** David Potter

**Visitors:** Jason Chan, Chris LaPeters, Daphne Sosa, Shelly Culbertson, Germaine Gardner, Judianne Nichols, Ralph Lambright

## **Consent Agenda**

The consent agenda includes the minutes from the previous meeting, the financial report for March 2016 activity, and any action via phone, email prior to the meeting.

**Motion by Lambright, second by Chan – Consent Agenda approved**

## **Report Agenda**

These would be standing committee reports – i.e. AD report, reports on regular activities that take place.

**None**

## **Action Agenda**

The action agenda includes new items of discussion or follow-up items from previous meetings

**AD Conti reported on a proposal for the school to add a weight room to be used for High School PE and Advanced PE Classes; equipment information attached. The weight room would be used by the Athletic Teams during non-school hours. This would add a conditioning component to team activities that has been lacking in the past. AD Conti requested that NSAA contribute \$5,000 to help purchase the equipment. The \$5,000 would reduce each teams account by 30%. Discussion ensued if a smaller contribution amount would be better and if the teams had any current needs that would not be met. Conti noted that there were no big ticket needs such as uniforms this coming year, and indicated that the athletic teams would be the greatest user of the weight room. A motion was made by Sager and seconded by DeHass to contribute \$5,000 towards the weight room equipment. The motion passed.**

**Principal Andersen passed on a request for purchase of online subscription for instructional Volleyball videos to be used by HS VB coach AJ Davidsen. The cost would be \$180 for 1 coach or \$349 for up to 5 coaches. AD Conti indicated that it**

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**was not common practice for schools to pay for ongoing education of coaches and there is many free coaching resources online, ID Coaches association seminars in June and fellow coaches that share instructional techniques. AD Conti will get together with coach Davidsen and share some resources.**

### **Discussion Agenda**

The discussion agenda includes items that will need to be action agenda items in the next month's meeting.

**Revision of the NSAA by-laws is being undertaken, reading thought each Article noting changes in wording, adding more specific details, and including specific forms. AD Conti will rewrite the by-laws with the revisions and email the document to NSAA members and parents of sport athletes for additional input and comment. The final revision will be moved to an action item for the next meeting.**

**Discussion on election of officers ensued. AD Conti will send out invitation with the by-laws for parents to get involved with NSAA as either by running for a board position or become members.**

**NEXT Meeting Date: May 9, 2016**