

North Star Cheer Clinic

CALLING ALL FUTURE NORTH STAR CHEERLEADERS

Join us for a FUN & EXCITING NEW PROGRAM at North Star! We are welcoming students 7th through 12th for a cheerleading clinic. Come find out what cheer is all about and see if it is something you would be interested in doing as a sport this year! You will learn jumps, cheers, basic cheer motions & a routine that will be performed at the Sports Season Kick Off on August 31st!

North Star will have a middle school & high school program lead by Coach Ashley Loos. She has 10 years of coaching experience under her belt and is ready to build a new program at North Star. She, along with one of her previous high school cheerleaders, will be leading this clinic. This is a great time to get to know her, about the program, her coaching style and make dreams for the team!

Cost: The cost of the camp is \$30.00 and includes instruction by Coach Loos and Brianna. *Please make checks payable to North Star Charter School.* Camp cost will include a cheer shirt!

What to Bring: Please bring workout clothing, tennis shoes, a water bottle and a snack! Hair must be up and out of face and all jewelry removed.

When & Where: North Star Gym ~ Saturday, August 26th ~ 9:00 a.m. - 12:00 p.m.

Contact Information: Ashley Loos, Head Coach aloos@northstarcharter.org

*Family health insurance is needed to participate. Please return all forms to North Star main office or scan and email to Ashley's email address! Forms are due **no later** than Tuesday, August 22nd!

2017 North Star Cheer Clinic Registration Form

First Name: _____ Last Name: _____

Participant Grade: _____ What do you want to learn at camp?: _____

Emergency Contact Information:

Parent or Guardian Name(s): _____ Parent Phone #: _____

Parent or Guardian Email: _____

Participant T-Shirt Size: (please circle one)

A-S

A-M

A-L

A-XL

A-XXL

I will not hold North Star Charter School, NCSC Cheer or cheerleader/coaches responsible for any illness or injury to my child. This will also certify that I have insurance to cover any injury that might occur during participation. I also give NSCS cheer permission to take pictures of my child during camp and use them for high school publications/publicity. Please make all checks payable to "NSCS". Cash is also accepted. Turn in your registration to NSCS main office by August 22nd or email a PDF to Coach Loos aloos@northstarcharter.org.

Signature: _____ Date: _____