

# Illness Decision Tree for Schools

## Q1: Are you experiencing COVID-19 symptoms? They include:

- » Fever (100.4°F or 38°C) *without having taken any fever-reducing medications, such as acetaminophen or ibuprofen.*
- » Chills
- » Cough
- » Fatigue
- » New or unusual headache
- » Muscle aches
- » Congestion or runny nose
- » Loss of smell or taste
- » Nausea, vomiting, diarrhea, or loss of appetite
- » Sore throat
- » Shortness of breath

(One or more of these symptoms that is a new onset or is an increase in severity)

**YES, I HAVE SYMPTOMS**

**NO SYMPTOMS**

## Q2: HAVE YOU -

- 2.1: Had close contact with a confirmed or suspected COVID-19 case?
- 2.2: Travel to or live in an area that is designated Category 3 (Substantial Community Transmission)?
- 2.3: Recently had a COVID test that is pending?

Have you been in contact with someone who has been diagnosed with or tested positive for COVID-19? (within 6 feet for 15 minutes or more)

**YES, to 1 or more**

**NO**

**YES**

**NO**

Quarantine yourself and contact your healthcare provider (HCP).  
More details found, [here](#).

Stay at home until you are fever free without medication for 24 hours and symptoms improve or resolve per school illness policy.

A 10-14 day quarantine is recommended, though some exceptions can be made.  
Details regarding quarantine options found, [here](#).

Practice physical distancing and good hygiene.

If **YES** to 2.1:

Isolate for 10 days from the onset of symptoms.

If **YES** to any of these, call:

If **YES** to 2.2 & you received an alternative diagnosis or negative test:  
Follow HCP & school guidance on when to return.

If **NOT** tested:  
Isolate for 10 days from onset of symptoms and follow school return policy.

If **YES** to 2.3:

Isolate until you receive your test results.

Anyone who has been identified as a close contact needs to quarantine regardless of symptoms or other illnesses.

*New guidance allows for some exceptions related to length of quarantine period.*  
Learn more, [here](#).

Additional school resources found, [here](#).