



COUNSELING NEWS

February

9-12 UPDATES FROM MRS. CHELKO

- Juniors are taking a two-part field trip to Boise State University (BSU) on Monday, Feb. 13. BSU is hosting the Higher Ed Tour college fair where students will be able to learn what Idaho's 12 colleges have to offer. In addition, juniors will be meeting with BSU's research librarian to get a head start on their Extended Essay.
- Juniors: Save-the-Date: the SAT school day administration is Wednesday, April 12, 2023.
- Every grade level has access to my counselor google classroom, which has relevant and interesting information related to counseling and guidance topics and opportunities. Please read posts as they come up. Seniors: many scholarships are listed in the Class of 2023 counselor google classroom.
- Spring semester advisories have a new and improved format, designed to provide students more access for academic support in the subject areas which may be more challenging.

6-8 UPDATES FROM MRS. HOLLAND

- Mrs. Holland had fun playing "Mindfulness Bingo" with 6th graders! They especially loved the jelly beans as Bingo markers.
- This month she will be focusing on getting to know each other even better in the classroom so that we can continue to cultivate a supportive school culture, together! She'll be challenging the kids to mix up their lunch seats a little and get to know someone new.
- Please keep those emails/calls coming about your student's needs. When we all work together, we help kids to be seen, heard, and supported.

K-5 UPDATES FROM MRS. HOLLADAY

Mrs. Holladay had a BLAST doing a mini meeting with each student. She loved getting to sit one on one and check in about how the year was going!

In February Mrs. Holladay will be back in classrooms doing lessons.

Kinder to 2nd grade- We will be talking about responsibility

3rd to 5th grade- We will be talking about Sources of Strength. Which is a program that gets students thinking about positive things they have going on in their lives.

- February 6th-10th: National School Counseling Week! The three of us are so thankful to serve your students in this role.
- February 17th: National Random Acts of Kindness Day! A great reminder to encourage an extra sprinkle of kindness all around.
- We hope to see all of your family and friends come learn more about our school at our tour nights:
 - February 28th, grades 6-12 from 5:15-6:15, grades K-5 from 6:15-7:15