

INTRAMURAL NEWS

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Middle School Intramural Program

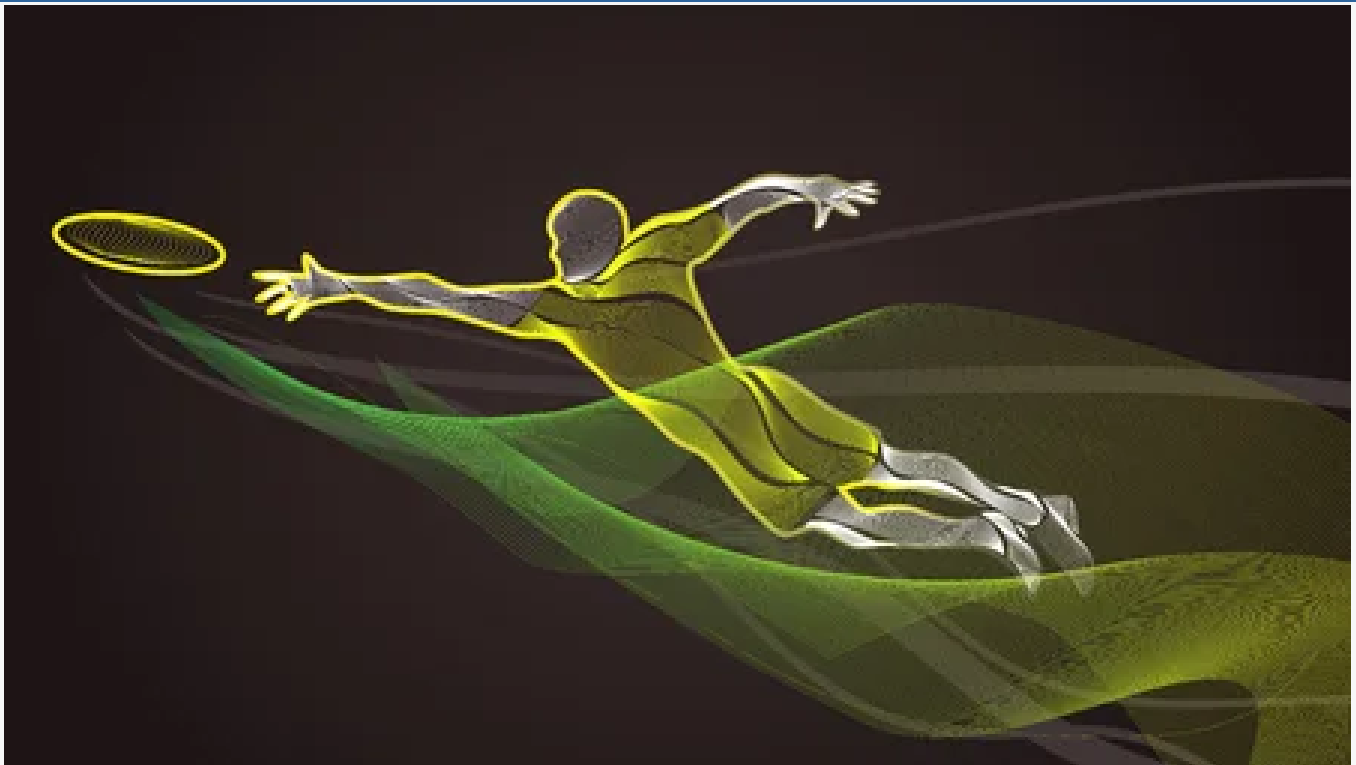
We only have one sport left to play this Intramural Season and that is Ultimate Frisbee. It is hard to believe that this is the seventh sport we have played this year. We have had so much fun getting to know your athletes and seeing them develop and grow their skills in a variety of different sports. Ultimate frisbee is going to challenge them with lateral movements, stop and go explosion movements, throwing, and jumping. Make sure your athlete brings a sweatshirt or jacket since, we will be outside this month. Notice that the last week of the season will trickle into June. The last day will be the Thursday of finals week and that is a half day so we will go right after school for 90 minutes.

I want to take a moment to thank all of you for supporting this program and getting your child involved in a program that encourages teamwork, movement, and learning! Have a great summer

MAY DATES

WEEK 1- 9TH, 11TH
 WEEK 2- 16TH, 18TH
 WEEK 3- 23RD, 24TH, 25TH
 WEEK 4-30TH, 31ST, 1ST

**PARENTS ARE
 INVITED TO
 COME WATCH
 GAMES THE
 23RD-1ST.**



Registration Details

May 9th- registration deadline for Ultimate Frisbee.

COST:

\$80 for first student

\$50 for each additional student

As part of your registration each student will receive a Ultimate Frisbee Disc.

Registration and payment will all take place electronically. Below you will see the link for the registration/payment portal.

*If your student is signed up and paid for the whole year you do not need to worry about registration.

Online Registration/Payment Portal:

[https://otc.cdc.nicusa.com/Public2.aspx?](https://otc.cdc.nicusa.com/Public2.aspx?portal=id&organization=North%20Star%20Charter%20School%20-%20General)

[portal=id&organization=North%20Star%20Charter%20School%20-%20General](https://otc.cdc.nicusa.com/Public2.aspx?portal=id&organization=North%20Star%20Charter%20School%20-%20General)

Make sure to use Intramural Sports Pay to Play in the transaction item dropdown menu.

Year in Review

September- Flag Football

October- Soccer

November- Floor Hockey

December- No intramurals, enjoy the holidays

January- Pickleball

February- Pickleball 2

March- Volleyball

April- Basketball

May- Ultimate Frisbee

Required for all sports:

*water bottle

*gym shoes

*sports clothing