

# INTRAMURAL NEWS

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## Middle School Intramural Program

*Hello North Star Families! Welcome to the Middle School Afterschool Intramural Program. My name is Trevor Holladay and I will be supervising this amazing program. The program is open to both boys and girls and runs from 3 to 4:30pm. Each month student's will have the opportunity to participate in a new sport that will take place over 10 days. The first day of the season, we will be a large group practice consisting of drills and movements. After the first day all students will be placed on a team and will allow athletes to participate during games with fair playing time. After the coaches (volunteer high school students) and I have divided up teams, practices will continue for three more sessions. This will allow students and teams time to work together and find their role as a team player. In the 3rd week which we call our "Regular Season" will occur. Even though it is all North Star teams, we will be treating this as if it were a typical season, games will be scored and records will be kept. In the 4th week we will partake in a double elimination tournament to determine the top three teams. This is a great opportunity to get students involved with other students and be safe and active after school. We look forward to seeing your child out on the field or court! If you have any questions do not hesitate to reach out.*

### SEPTEMBER DATES

WEEK 1- 5TH, 7TH  
WEEK 2- 12TH, 14TH  
WEEK 3- 19TH, 20TH, 21ST  
WEEK 4- 26TH, 27TH, 29TH

PARENTS ARE  
INVITED TO  
COME WATCH  
GAMES THE  
19TH-29TH.



## Registration Details

September 5th- registration deadline for Yard Games.

**\*Yard games will consist of Cornhole, Bocce Ball, Badminton, and KanJam**

### COST:

\$80 for first student

\$50 for each additional student

\$350 when signing up for all 7 sports early

**As part of your registration this month each student will receive a reusable Gatorade water bottle.**

Registration and payment will all take place electronically. Below you will see the link for the registration/payment portal.

\*If your student is signed up and paid for the whole year you do not need to worry about registration.

Online Registration/Payment Portal:

<https://www.northstarcharter.org/payment-portal/>

Please see the attached PDF for helpful directions and that will walk you through how to pay. Make sure you select Intramural Sports when making your payment.

## Year in Review

*September- Yard Games*

*October- Frisbee*

*November- Floor Hockey*

*December- No intramurals, enjoy the holidays*

*January- Bowling*

*February- Board Games*

*March- Basketball*

*April- Pickleball*

*May- Pickleball 2*

### Required for all sports:

*\*water bottle*

*\*athletic shoes*

*\*sports clothing*